



# *School Health Index*

A Self-Assessment and Planning Guide  
2004

Resources

Web site: [www.cdc.gov/HealthyYouth/SHI](http://www.cdc.gov/HealthyYouth/SHI)



## **Resources for School Health and Safety**

### ***Resources for All Index Modules***

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*Guidelines for School Health Programs to Promote Lifelong Healthy Eating*, 1996

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*Health Is Academic: A Guide to Coordinated School Health Programs*, Marx E, Wooley SF, Northrop D, editors, New York, NY: Teachers College Press, 1998, [www.teacherscollegepress.com](http://www.teacherscollegepress.com)

*Making the Connection: Health and Student Achievement*, Reston, VA: The Association of State and Territorial Health Officials and the Society of State Directors of Health, Physical Education, and Recreation, [www.thesociety.org/](http://www.thesociety.org/)

*Schools and Health, Our Nation's Investment*, Institute of Medicine, Washington, DC: National Academy Press, 1997, [www.nap.edu/books/0309054354/html/index.html](http://www.nap.edu/books/0309054354/html/index.html)

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*Nutrition and Your Health: Dietary Guidelines for Americans*, 5<sup>th</sup> edition, U.S. Department of Agriculture and U.S. Department of Health and Human Services, 2000, [www.usda.gov/cnpp/DietGd.pdf](http://www.usda.gov/cnpp/DietGd.pdf)

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*Physical Activity for Children: A Statement of Guidelines for Children Ages 5-12*, 2<sup>nd</sup> edition, Reston, VA: National Association for Sport and Physical Education, 2004, [www.aahperd.org](http://www.aahperd.org) (Click on "Online Store" and then search by title)

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*The Surgeon General's Call to Action to Prevent and Decrease Overweight and Obesity*, Office of the Surgeon General, U.S. Department of Health and Human Services, 2001, [www.surgeongeneral.gov/topics/obesity](http://www.surgeongeneral.gov/topics/obesity)

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*Food Guide Pyramid*, U.S. Department of Agriculture, 1996, [www.usda.gov/cnpp/pyrabklt.pdf](http://www.usda.gov/cnpp/pyrabklt.pdf)

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### ***Tobacco***

- Best Practices for Comprehensive Tobacco Control Programs*, Centers for Disease Control and Prevention, 1999, [www.cdc.gov/tobacco/bestprac.htm](http://www.cdc.gov/tobacco/bestprac.htm)
- Growing up Tobacco-free: Preventing Nicotine Addiction in Children and Youths*, Lynch BS, Bonnie RJ, editors, Committee on Preventing Nicotine Addiction in Children and Youths, Institute of Medicine, Washington DC: National Academy Press, 1994, [www.nap.edu/catalog/4757.html](http://www.nap.edu/catalog/4757.html)
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## ***Resources for Module 1: School Policies and Environment***

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*Fit, Healthy and Ready to Learn: A School Health Policy Guide*, Bogden JF, Alexandria, VA: National Association of State Boards of Education, 2000, download sample policies from [www.nasbe.org/healthyschools/fitthealthy.mgi](http://www.nasbe.org/healthyschools/fitthealthy.mgi)

*Generation Fit Action Packet*, American Cancer Society, 1999, [www.cancer.org/docroot/PED/content/PED\\_1\\_5X\\_Generation\\_Fit.asp](http://www.cancer.org/docroot/PED/content/PED_1_5X_Generation_Fit.asp)

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*Promoting Healthy Youth, Schools, and Communities: A Guide to Community-School Health Advisory Councils*, Iowa Department of Public Health, 2000, [www.idph.state.ia.us/common/pdf/family\\_health/Covers.pdf](http://www.idph.state.ia.us/common/pdf/family_health/Covers.pdf)

*School Health: Policy and Practice*, 5th edition, Elk Grove Village, IL: American Academy of Pediatrics/Committee on School Health, 1993, [www.aap.org/pubserv](http://www.aap.org/pubserv) (Click on "Bookstore")

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*Recess in Elementary Schools*, National Association for Sport and Physical Education, 2001, [www.aahperd.org/NASPE/pdf\\_files/pos\\_papers/current\\_res.pdf](http://www.aahperd.org/NASPE/pdf_files/pos_papers/current_res.pdf)

*State Legislation Information*, Centers for Disease Control and Prevention, Division of Nutrition and Physical Activity, 2003, [apps.nccd.cdc.gov/DNPALeg/](http://apps.nccd.cdc.gov/DNPALeg/)

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- Creative Financing and Fun Fundraising*, California Project LEAN, appendix in *Healthy Food Policy Guide*, Sacramento, CA: State of California Department of Health Services and California School Boards Association, 2003, [www.publichealthadvocacy.org/resources/Fundraising.pdf](http://www.publichealthadvocacy.org/resources/Fundraising.pdf)
- Healthy Eating Helps You Make the Grade*, U.S. Department of Agriculture/Team Nutrition, 1999, [www.fns.usda.gov/tn/Resources/makethegrade.pdf](http://www.fns.usda.gov/tn/Resources/makethegrade.pdf)
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### ***Resources for Module 2: Health Education***

#### **Materials/Publications**

##### ***General***

- A Competency-based Framework for Professional Development of Certified Health Education Specialists*, New York: National Commission for Health Education Credentialing, 1996, [www.nchec.org](http://www.nchec.org)
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- Assessing Health Literacy: Assessment Framework*, Council of Chief State School Officers-State Collaborative on Assessment and Student Standards (SCASS) Health Education Project, Santa Cruz, CA: ToucanEd Publications, 1998, [www.toucaned.com/inside/products.html](http://www.toucaned.com/inside/products.html)
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### ***Resources for Module 8: Family and Community Involvement***

#### **Materials/Publications**

##### ***General***

*Building Business Support for School Health Programs: An Action Guide*, Alexandria, VA: National Association of State Boards of Education, 1999, [www.nasbe.org](http://www.nasbe.org)

*Growing Absolutely Fantastic Youth: A Guide to Best Practices in Healthy Youth Development*, Rinehart PM, Kahn JA, Konopka Institute for Best Practices in Adolescent Health, 2000, [allaboutkids.umn.edu/kdwbfvc/fr\\_pub.htm](http://allaboutkids.umn.edu/kdwbfvc/fr_pub.htm)

*Keeping Your Children Safe and Healthy at School*, The Center for Health and Health Care in Schools, [www.healthinschools.org/parents/act.htm](http://www.healthinschools.org/parents/act.htm)

*National Standards for Parent/Family Involvement Programs*. National PTA, 1998, [www.pta.org/parentinvolvement/standards/pdf/NationalStandardsEnglish.pdf](http://www.pta.org/parentinvolvement/standards/pdf/NationalStandardsEnglish.pdf)

*Sharing Information: A Guide to the Family Educational Rights and Privacy Act and Participation in Juvenile Justice Programs*, Office of Juvenile Justice and Delinquency Prevention, 1997, publication no. (NCJ) 163705, [www.ncjrs.org/pdffiles/163705.pdf](http://www.ncjrs.org/pdffiles/163705.pdf)

*Strong Families, Strong Schools: Building Community Partnerships for Learning*, Ballen J, Moles O, U.S. Department of Education, 1994, [eric-web.tc.columbia.edu/npinpdfs/strongfamilieschools.pdf](http://eric-web.tc.columbia.edu/npinpdfs/strongfamilieschools.pdf)

##### ***Physical Activity***

*99 Tips for Family Fitness Fun* (brochure), Reston, VA: National Association for Sport and Physical Education, 2001, [www.aahperd.org/](http://www.aahperd.org/) (Click on "Online Store")

A model for parental involvement in physical education, Virgilio SJ. *Journal of Physical Education, Recreation and Dance*, 61(8):66-70, 1990

*Active Youth: Ideas for Implementing CDC Physical Activity Promotion Guidelines*, Samman P, Champaign, IL: Human Kinetics Publishers, 1998, [www.humankinetics.com](http://www.humankinetics.com) ("Product Search" by Title)

*Aim for Balance: Maximize Your Child's Success* (brochure), Reston, VA: National Association for Sport and Physical Education, 2001, National Association for Sport and Physical Education, [www.aahperd.org/](http://www.aahperd.org/) (Click on "Online Store")

*Brochures for Parents, Teachers, and Principals to Increase Physical Activity Among Youth*, Centers for Disease Control and Prevention, 2003, [www.cdc.gov/healthyyouth/physicalactivity](http://www.cdc.gov/healthyyouth/physicalactivity)

*Choosing the Right Sport or Physical Activity Program for Your Child* (position paper), National Association for Sport and Physical Education, National Association for Sport and Physical Education, 1999, [www.aahperd.org/naspe/pdf\\_files/pos\\_papers/resource-choosing.pdf](http://www.aahperd.org/naspe/pdf_files/pos_papers/resource-choosing.pdf)

*Helping Your Overweight Child*, National Institute of Diabetes and Digestive and Kidney Diseases, 1997, [www.niddk.nih.gov/health/nutrit/pubs/helpchld.htm](http://www.niddk.nih.gov/health/nutrit/pubs/helpchld.htm)

*Kids Walk to School: A Guide to Promote Walking to School*, Centers for Disease Control and Prevention, 2000, [www.cdc.gov/nccdphp/dnpa/kidswalk.htm](http://www.cdc.gov/nccdphp/dnpa/kidswalk.htm)

*Promoting Physical Activity: A Guide for Community Action*, U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, Champaign, IL: Human Kinetics Publishers, 1999, [www.humankinetics.com](http://www.humankinetics.com)

*Public Recreation in High Risk Environments: Programs That Work*, Ashburn, VA: National Recreation and Park Association, 1996, [www.nrpa.org](http://www.nrpa.org) (Click on "NRPA Store")

##### ***Nutrition***

*Community Nutrition Action Kit: For People Where They Live, Learn, and Play*, U.S. Department of Agriculture/Team Nutrition, 1996, [www.fns.usda.gov/tn/Resources/cnak.html](http://www.fns.usda.gov/tn/Resources/cnak.html)

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*Food, Family, & Fun: A Seasonal Guide to Healthy Eating: Commemorating 50 Years of School Lunch*, U.S. Department of Agriculture/Team Nutrition, 1998, [www.fns.usda.gov/tn/Students/Food\\_Family/index.html](http://www.fns.usda.gov/tn/Students/Food_Family/index.html)

*Generation Fit Action Packet*, American Cancer Society, 1999, [http://www.cancer.org/docroot/PED/ped\\_1\\_4.asp?sitearea=PED](http://www.cancer.org/docroot/PED/ped_1_4.asp?sitearea=PED)

*Team Up at Home: Team Nutrition Activity Booklet, Fun Nutrition Activities for the Family*, U.S. Department of Agriculture/Team Nutrition, 1996, [www.fns.usda.gov/tn/Resources/teamupbooklet.html](http://www.fns.usda.gov/tn/Resources/teamupbooklet.html)

## **SCHOOL HEALTH INDEX**

### ***Tobacco***

*My Kid: Keeping Your Kids Tobacco, Alcohol and Drug Free*, report and video for parents, Centers for Disease Control and Prevention, 1998, [www.cdc.gov/tobacco/educational\\_materials/mykids.htm](http://www.cdc.gov/tobacco/educational_materials/mykids.htm)  
*Parenting Kit: Got A Minute? Give it to Your Kid*, Centers for Disease Control and Prevention, 2001, [www.cdc.gov/tobacco/educational\\_materials/parenting/gotaminbrochure.htm](http://www.cdc.gov/tobacco/educational_materials/parenting/gotaminbrochure.htm)  
*Parents – Help Keep Your Kids Tobacco Free* (tip sheet), Centers for Disease Control and Prevention, 1999, [www.cdc.gov/tobacco/edumat.htm](http://www.cdc.gov/tobacco/edumat.htm)

### ***Unintentional Injury and Violence***

*Crime Prevention Through Environmental Design and Community Policing*, Fleissner D, Heinzelmann F, U.S. Department of Justice, 1996, publication no. (NCJ) 157308, [www.ncjrs.org/pdffiles/crimepre.pdf](http://www.ncjrs.org/pdffiles/crimepre.pdf)  
Motor-vehicle occupant injury: strategies for increasing use of child safety seats, increasing use of safety belts, and reducing alcohol-impaired driving, a report on recommendations of the *Task Force on Community Preventive Services*, CDC, *MMWR*, 50(RR-7):1-13, 2001, [www.cdc.gov/mmwr/preview/mmwrhtml/rr5007a1.htm](http://www.cdc.gov/mmwr/preview/mmwrhtml/rr5007a1.htm)  
*Safe Schools Manual: A Resource on Making Schools, Communities, and Families Safe for Children*. National Education Association, 1996, [www.nea.org/schoolsafety/images/ssmanual.pdf](http://www.nea.org/schoolsafety/images/ssmanual.pdf)  
*Strengthening America's Families: Model Family Programs for Substance Abuse and Delinquency Prevention*, Alvarado A, Kendall K, Beesley S, Lee-Cavaness C, editors, U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration, Center for Substance Abuse Prevention; and U.S. Department of Justice, Office of Juvenile Justice and Delinquency Prevention, Salt Lake City, UT: University of Utah, Department of Health Promotion and Education, 2000, [bookstore.gpo.gov/](http://bookstore.gpo.gov/)

## **SCHOOL HEALTH INDEX**

### **Government Agencies**

#### ***Cross-Cutting***

Health Resources and Service Administration  
Maternal and Child Health Bureau  
Parklawn Building, Room 18-05  
5600 Fishers Lane  
Rockville, MD 20857  
[www.mchb.hrsa.gov](http://www.mchb.hrsa.gov)

U.S. Centers for Disease Control and Prevention  
Division of Adolescent and School Health  
C/O Healthy Youth  
P.O. Box 8817  
Silver Spring, MD 20907  
1-888-231-6405  
[www.cdc.gov/HealthyYouth](http://www.cdc.gov/HealthyYouth)

#### ***Physical Activity***

National Cancer Institute  
Building 31, Room 10A03  
9000 Rockville Pike  
Bethesda, MD 20847  
1-800-4-CANCER  
[www.nci.nih.gov/](http://www.nci.nih.gov/)

U.S. Centers for Disease Control and Prevention  
Division of Nutrition and Physical Activity  
4770 Buford Highway, MS K24  
Atlanta, GA 30341  
770-488-5705  
[www.cdc.gov/nccdphp/dnpa](http://www.cdc.gov/nccdphp/dnpa)

President's Council on Physical Fitness & Sports  
Department QW, Room 738-H  
200 Independence Avenue, SW  
Washington, DC 20201  
202-690-9000  
[www.fitness.gov](http://www.fitness.gov)

#### ***Nutrition***

Food Nutrition Information Center  
National Agricultural Library, Room 105  
10301 Baltimore Avenue  
Beltsville, MD 20705  
301-504-5719  
[www.nalusda.gov/fnic](http://www.nalusda.gov/fnic)

U.S. Centers for Disease Control and Prevention  
Division of Nutrition and Physical Activity  
4770 Buford Highway, MS K24  
Atlanta, GA 30341  
770-488-5705  
[www.cdc.gov/nccdphp/dnpa](http://www.cdc.gov/nccdphp/dnpa)

National 5 A Day Program  
6116 Executive Boulevard, MSC8322, Suite 3036A  
Bethesda, MD 20892  
1-800-422-6237  
[www.5aday.gov/index.shtml](http://www.5aday.gov/index.shtml)

U.S. Department of Agriculture  
Center for Nutrition Policy and Promotion  
3101 Park Center Drive, Room 1034  
Alexandria, VA 22302  
703-305-7600  
[www.usda.gov/cnpp](http://www.usda.gov/cnpp)

National Cancer Institute  
Building 31, Room 10A03  
9000 Rockville Pike  
Bethesda, MD 20847  
1-800-4-CANCER  
[www.nci.nih.gov/](http://www.nci.nih.gov/)

U.S. Department of Agriculture  
Team Nutrition  
3101 Park Center Drive, Room 632  
Alexandria, VA 22302  
703-305-1624  
[www.fns.usda.gov/tn](http://www.fns.usda.gov/tn)

## **SCHOOL HEALTH INDEX**

### ***Tobacco***

National Cancer Institute  
Building 31, Room 10A03  
9000 Rockville Pike  
Bethesda, MD 20847  
1-800-4-CANCER  
[www.nci.nih.gov/](http://www.nci.nih.gov/)

U.S. Centers for Disease Control and Prevention  
Office of Smoking and Health  
4770 Buford Highway, MS K50  
Atlanta, GA 30341  
770-488-5705  
[www.cdc.gov/tobacco](http://www.cdc.gov/tobacco)

Substance Abuse & Mental Health Services Administration  
5600 Fishers Lane, Room 12-105  
Parklawn Building  
Rockville, MD 20857  
301-443-4795  
[www.samhsa.gov](http://www.samhsa.gov)

U.S. Department of Education  
Office of Safe and Drug Free Schools  
400 Maryland Avenue, SW  
Washington, DC 20202  
1-800-USA-LEARN  
[www.ed.gov/about/offices/list/osdfs/index.html](http://www.ed.gov/about/offices/list/osdfs/index.html)

### ***Unintentional Injury***

National Highway Traffic Safety Administration  
400 7<sup>th</sup> Street  
Washington, DC 20590  
1-888-327-4236  
[www.nhtsa.dot.gov](http://www.nhtsa.dot.gov)

U.S. Centers for Disease Control and Prevention  
Division of Unintentional Injury Prevention  
4770 Buford Highway, MS K63  
Atlanta, GA 30341  
770-488-1506  
[www.cdc.gov/ncipc](http://www.cdc.gov/ncipc)

National Institute for Occupational Safety & Health  
24 Executive Park Drive, MS E-74  
Atlanta, GA 30329  
1-800-356-4674  
[www.cdc.gov/niosh/homepage.html](http://www.cdc.gov/niosh/homepage.html)

### ***Violence***

Substance Abuse & Mental Health Services Administration  
5600 Fishers Lane, Room 12-105  
Parklawn Building  
Rockville, MD 20857  
301-443-4795  
[www.samhsa.gov](http://www.samhsa.gov)

U.S. Department of Education  
Office of Safe and Drug Free Schools  
400 Maryland Avenue, SW  
Washington, DC 20202  
1-800-USA-LEARN  
[www.ed.gov/about/offices/list/osdfs/index.html](http://www.ed.gov/about/offices/list/osdfs/index.html)

U.S. Centers for Disease Control and Prevention  
Division of Violence Prevention  
4770 Buford Highway, MS K60  
Atlanta, GA 30341  
770-488-1506  
[www.cdc.gov/ncipc](http://www.cdc.gov/ncipc)



## **SCHOOL HEALTH INDEX**

### **Non-Governmental Organizations**

#### ***Cross-Cutting***

American Academy of Pediatrics  
141 Northwest Point Boulevard  
Elk Grove Village, IL 60007-1098  
847-434-4000  
[www.aap.org/](http://www.aap.org/)

American Association for Health Education  
1900 Association Drive  
Reston, VA 20191-1598  
1-800-213-7193  
[www.aahperd.org/aahe/template.cfm?template=main.html](http://www.aahperd.org/aahe/template.cfm?template=main.html)

American Cancer Society  
1599 Clifton Road, NE  
Atlanta, GA 30329  
1-800-227-2345  
[www.cancer.org](http://www.cancer.org)

American Medical Association  
515 N. State Street  
Chicago, IL 60610  
312-464-5000  
[www.ama-assn.org/](http://www.ama-assn.org/)

American School Counselor Association  
801 N. Fairfax Street, Suite 310  
Alexandria, VA 22314  
703-683-ASCA  
[www.schoolcounselor.org/](http://www.schoolcounselor.org/)

American School Health Association  
7263 State Route 43, P.O. Box 708  
Kent, Ohio 44240  
330-678-1601  
[www.ashaweb.org/](http://www.ashaweb.org/)

Association for Worksite Health Promotion  
60 Revere Drive, Suite 500  
Northbrook, IL 60062  
847-480-9574  
[www.awhp.org](http://www.awhp.org)

Council of Chief State School Officers  
One Massachusetts Avenue, NW, Suite 700  
Washington, DC 20001-1431  
202-336-7000  
[www.ccsso.org/](http://www.ccsso.org/)

Family, Career and Community Leaders of America  
1910 Association Drive  
Reston, VA 20191-1584  
703-476-4900  
[www.fcclainc.org](http://www.fcclainc.org)

National Assembly on School Based Health Care  
666 11th Street NW  
Washington, DC 20001  
202-638-5872  
[www.nasbhc.org/](http://www.nasbhc.org/)

National Association of School Nurses  
1416 Park Street, Suite A  
Castle Rock, CO 80109  
1-866-627-6767  
[www.nasn.org/](http://www.nasn.org/)

National Association of State Boards of Education  
277 S. Washington Street, Suite 100  
Alexandria, VA 22314  
703-684-4000  
[www.nasbe.org/](http://www.nasbe.org/)

National Coalition for Parent Involvement in Education  
3929 Old Lee Highway, Suite 91-A  
Fairfax, VA 22030-2401  
703-359-8973  
[www.ncpie.org/](http://www.ncpie.org/)

National Conference of State Legislatures  
444 North Capitol Street, NW, Suite 515  
Washington, DC 20001  
202-624-5400  
[www.ncsl.org/](http://www.ncsl.org/)

National Education Association Health Information Network  
1201 16th Street NW, Suite 521  
Washington DC 20036  
1-800-718-8387  
[www.neahin.org/](http://www.neahin.org/)

National Governors Association  
444 N. Capitol Street  
Washington, DC 20001  
202-624-5300  
[www.nga.org/](http://www.nga.org/)

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National PTA  
330 N. Wabash Avenue, Suite 2100  
Chicago, IL 60611  
1-800-307-4PTA  
[www.pta.org/](http://www.pta.org/)

National School Boards Association  
1680 Duke Street  
Alexandria, VA 22314  
703-838-6722  
[www.nsba.org/site/index.asp](http://www.nsba.org/site/index.asp)

Public Education Network  
601 Thirteenth Street NW, Suite 900 North  
Washington, DC 20005-3808  
202-628-7460  
[www.publiceducation.org/](http://www.publiceducation.org/)

### ***Physical Activity***

Action for Healthy Kids  
One Massachusetts Avenue, NW, Suite 800  
Washington, DC 20001  
1-800-416-5136  
[www.actionforhealthykids.org/](http://www.actionforhealthykids.org/)

American Association for the Child's Right to Play  
Graduate Physical Education  
240 Hofstra University  
Hempstead, NY 11548  
516-463-5176  
[www.ipausa.org/](http://www.ipausa.org/)

American Heart Association  
7272 Greenville Avenue  
Dallas, TX 75231  
1-800-AHA-USA1  
<http://www.americanheart.org>

Center for Weight and Health  
101 Giannini Hall #3100  
Berkeley, CA 94720  
510-642-1599  
[nature.berkeley.edu/cwh/](http://nature.berkeley.edu/cwh/)

National Association for Sport and Physical Education  
1900 Association Drive  
Reston, VA 20191-1598  
1-800-213-7193  
[www.aahperd.org/naspe/template.cfm](http://www.aahperd.org/naspe/template.cfm)

Society of State Directors of Health, Physical Education  
and Recreation  
1900 Association Drive, Suite 100  
Reston, VA 20191-1599  
703-390-4599  
[www.thesociety.org/](http://www.thesociety.org/)

The Center for Health and Health Care in Schools  
1350 Connecticut Avenue, Suite 505  
Washington, DC 20036  
202-466-3396  
[www.healthinschools.org/home.asp](http://www.healthinschools.org/home.asp)

National Center for Education in Maternal and Child  
Health  
Georgetown University P.O. Box 571272  
Washington, DC 20057  
202-784-9770  
[www.ncemch.org/](http://www.ncemch.org/)

National Federation of State High School Associations  
P.O. Box 690  
Indianapolis, IN 46206  
317-972-6900  
<http://www.nfhs.org/>

National Recreation and Park Association  
22377 Belmont Ridge Road  
Ashburn, VA 20148-4501  
703-858-0784  
<http://www.nrpa.org/>

P.E.4LIFE  
1150 17<sup>th</sup> Street, NW, Suite 407  
Washington, DC 20036  
202-776-0377  
[www.pe4life.org/](http://www.pe4life.org/)

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### ***Nutrition***

Action for Healthy Kids  
One Massachusetts Avenue, NW, Suite 800  
Washington, DC 20001  
1-800-416-5136  
[www.actionforhealthykids.org/](http://www.actionforhealthykids.org/)

American Heart Association  
7272 Greenville Avenue  
Dallas, TX 75231  
1-800-AHA-USA1  
[www.americanheart.org](http://www.americanheart.org)

American School Food Service Association  
700 South Washington Street, Suite 300  
Alexandria, Virginia 22314  
703-739-3900  
[www.asfsa.org/](http://www.asfsa.org/)

Center for Weight and Health  
101 Giannini Hall #3100  
Berkeley, CA 94720  
510-642-1599  
[nature.berkeley.edu/cwh/](http://nature.berkeley.edu/cwh/)

### ***Tobacco***

American Legacy Foundation  
1001 G Street, NW, Suite 800  
Washington DC, 20001  
202-454-5555  
[www.americanlegacy.org](http://www.americanlegacy.org)

American Lung Association  
1740 Broadway  
New York, NY 10019  
1-800-LUNG-USA  
[www.lungusa.org](http://www.lungusa.org)

Americans for Nonsmokers' Rights  
2530 San Pablo Avenue, Suite J  
Berkeley, CA 94702  
510-841-3032  
[anr@no-smoke.org](mailto:anr@no-smoke.org)

Food Allergy & Anaphylaxis Network  
10400 Eaton Place, Suite 107  
Fairfax, VA 22030-2208  
1-800-929-4040  
[www.foodallergy.org/](http://www.foodallergy.org/)

National Center for Education in Maternal and Child Health  
Georgetown University, P.O. Box 571272  
Washington, DC 20057  
202-784-9770  
[www.ncemch.org/](http://www.ncemch.org/)

National Food Service Management Institute  
The University of Mississippi  
P.O. Drawer 188  
University, MS 38677-0188  
1-800-321-3054  
[www.olemiss.edu/depts/nfsmi/](http://www.olemiss.edu/depts/nfsmi/)

Society for Nutrition Education  
9202 N. Meridian Street, Suite 200  
Indianapolis, IN 46260  
1-800-235-6690  
[www.sne.org/](http://www.sne.org/)

Center for Tobacco Cessation  
901 E Street, NW, Suite 500  
Washington, DC 20004  
202-585-3200  
[www.ctcinfo.org](http://www.ctcinfo.org)

National Latino Council on Alcohol and Tobacco Prevention  
1400 16th Street, NW  
Washington, DC 20009  
202-265-8054  
[www.nlcatp.org/](http://www.nlcatp.org/)

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### ***Unintentional Injury***

Brain Injury Association of America  
105 North Alfred Street  
Alexandria, VA 22314  
703-236-6000  
[www.biausa.org](http://www.biausa.org)

Children's Safety Network  
55 Chapel Street  
Newton, MA 02458-1060  
617-969-7100 X2722  
[www.childrenssafetynetwork.org/](http://www.childrenssafetynetwork.org/)

Consumer Federation of America  
1424 16<sup>th</sup> Street, NW, Suite 604  
Washington DC 20036  
202-387-6121  
[www.consumerfed.org/](http://www.consumerfed.org/)

Emergency Medical Services for Children  
111 Michigan Avenue, NW  
Washington, DC 20010  
202-884-4927  
[www.ems-c.org/](http://www.ems-c.org/)

Home Safety Council  
P.O. Box 1111  
North Wilkesboro, NC 28656  
336-658-5634  
[www.homesafetycouncil.org](http://www.homesafetycouncil.org)

Injury Control Resource Information Network  
200 Lothrop Sreet, Suite B400-PUH  
Pittsburgh, PA 15213  
412-648-2600  
[www.injurycontrol.com/icrin/](http://www.injurycontrol.com/icrin/)

Insurance Institute for Highway Safety  
1005 N. Glebe Road, Suite 800  
Arlington, VA 22201 USA  
703-247-1500  
[www.highwaysafety.org/](http://www.highwaysafety.org/)

National Association for Sport and Physical Education  
1900 Association Drive  
Reston, VA 20191-1598  
1-800-213-7193  
[www.aahperd.org/naspe/template.cfm](http://www.aahperd.org/naspe/template.cfm)

National Fire Protection Association  
1 Batterymarch Park  
Quincy, MA 02169-7471  
617-770-3000  
[www.nfpa.org/catalog/home/index.asp](http://www.nfpa.org/catalog/home/index.asp)

National Latino Council on Alcohol and Tobacco  
Prevention  
1400 16th Street, NW  
Washington, DC 20009  
202-265-8054  
[www.nlcatp.org/](http://www.nlcatp.org/)

National Program for Playground Safety  
Education, Leisure Services, and Athletic Training  
University of Northern Iowa  
Cedar Falls, IA 50614-0618  
1-800-554-PLAY  
[www.playgroundsafety.org](http://www.playgroundsafety.org)

National Recreation and Park Association  
22377 Belmont Ridge Road  
Ashburn, VA 20148-4501  
703-858-0784  
[www.nrpa.org/](http://www.nrpa.org/)

National SAFE KIDS Campaign  
1301 Pennsylvania Avenue, NW, Suite 1000  
Washington, DC 20004  
202-662-0600  
[www.safekids.org/](http://www.safekids.org/)

National Safety Council  
1121 Spring Lake Drive  
Itasca, IL 60143-3201  
630- 285-1121  
[www.nsc.org/](http://www.nsc.org/)

National School Safety Center  
141 Duesenberg Drive, Suite 11  
Westlake Village, CA 91362  
805-373-9977  
[www.nssc1.org/](http://www.nssc1.org/)

Pedestrian & Bicycle Information Network  
730 Airport Road, Suite 300  
Campus Box 3430  
Chapel Hill, NC 27599  
919-962-2203  
[www.pedbikeinfo.org](http://www.pedbikeinfo.org)

## **SCHOOL HEALTH INDEX**

Safe USA  
C/O Harry Teter /American Trauma Society  
8903 Presidential Parkway, Suite 512  
Upper Marlboro, MD 20772  
[www.safeusa.org/](http://www.safeusa.org/)

### ***Violence***

American Association of Suicidology  
4201 Connecticut Avenue, NW  
Suite 408  
Washington, DC 20008  
202-237-2280  
[www.suicidology.org/](http://www.suicidology.org/)

American Counseling Association  
5999 Stevenson Avenue  
Alexandria, VA 22304  
1-800-347-6647  
[www.counseling.org/index.html](http://www.counseling.org/index.html)

American Foundation for Suicide Prevention  
120 Wall Street, 22nd Floor  
New York, NY 10005  
1-888-333-AFSP  
[www.afsp.org/](http://www.afsp.org/)

American Psychological Association  
750 First Street, NE  
Washington, DC 20002-4242  
1-800-374-2721  
[www.apa.org](http://www.apa.org)

Brain Injury Association of America  
105 North Alfred Street  
Alexandria, VA 22314  
703-236-6000  
[www.biausa.org](http://www.biausa.org)

Center for Mental Health in Schools  
P.O. Box 951563  
Los Angeles, CA 90095-1563  
310-825-3634  
[smhp.psych.ucla.edu/](http://smhp.psych.ucla.edu/)

Center for the Study and Prevention of Violence  
University of Colorado at Boulder, 439 UCB  
Boulder, CO 80309-0439  
303-492-8465  
[www.colorado.edu/cspv/](http://www.colorado.edu/cspv/)

Children's Safety Network  
55 Chapel Street  
Newton, MA 02458-1060  
617-969-7100 X2722  
[www.childrenssafetynetwork.org/](http://www.childrenssafetynetwork.org/)

Injury Control Resource Information Network  
200 Lothrop Street, Suite B400-PUH  
Pittsburgh, PA 15213  
412-648-2600  
[www.injurycontrol.com/icrin/](http://www.injurycontrol.com/icrin/)

National Association of School Psychologists  
4340 East West Highway, Suite 402  
Bethesda, MD 20814  
301-657-0270  
[www.nasponline.org/index2.html](http://www.nasponline.org/index2.html)

National Clearinghouse on Child Abuse & Neglect  
330 C Street, SW  
Washington, DC 20447  
1-800-394-3366  
[www.calib.com/nccanch/](http://www.calib.com/nccanch/)

National Organization for Victim Assistance  
1730 Park Road NW  
Washington, DC 20010  
1-800-try-nova  
[www.try-nova.org/](http://www.try-nova.org/)

National Youth Violence Prevention Resource Center  
P.O. Box 6003  
Rockville, MD 20849-6003  
1-866-SAFEYOUTH  
[www.safeyouth.org/](http://www.safeyouth.org/)

Office of Juvenile Justice and Delinquency Prevention  
810 Seventh Street, NW  
Washington, DC 20531  
202-307-5911  
[ojjdp.ncjrs.org/](http://ojjdp.ncjrs.org/)

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Students Against Destructive Decisions  
P.O. Box 800  
Marlboro, MA 01752  
1-877-SADD-INC  
[www.saddonline.com/](http://www.saddonline.com/)

Suicide Prevention Advocacy Network  
P.O. Box 73368  
Washington, DC 20056-33688  
Email: [info@spanusa.org](mailto:info@spanusa.org)  
[www.spanusa.org/](http://www.spanusa.org/)



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